



Navigating Through the Weeds: Get All Your Cannabis Questions Answered

July 31, August 1, 6, & 7, 2024 | 12:00 pm – 1:00 pm

Are you struggling to keep up with what's legal and medically appropriate about your residents' use of cannabis products in your long term care community? During this four part webinar series Alex Hill and Tori Crenshaw with Cannability Consulting will help answer your questions. They will share their expertise and insights on key issues like:

- the myths and stigmas of cannabis;
- cannabis legislation and policy;
- human endocannabinoid system and cannabis pharmacology; and
- a guide to getting your community ready for cannabis.

Sessions*

Each webinar will be held from 12:00 pm – 1:00 pm.

July 31 | Clearing the Haze: Cannabis Myths, Stigmas, Barriers, and Biases

August 1 | Cannabis Legislation and Policy

August 6 | Heal, Rest, and Protect: The Human Endocannabinoid System and Cannabis Pharmacology

August 7 | Getting Your Community Ready for Cannabis: A Practical Guide

*See full session descriptions on the next page.

Who should attend?

These sessions are designed for skilled nursing and assisted living leaders including, but not limited to CEOs, COOs, executive directors, administrators, human resource leaders, department directors, supervisors, and nurse managers.

Presenters

Alexandria Hill, DNP, GERO RN-BC, RAC-CT, QCP

Chief Nursing Officer | Cannability Consulting

Director of Quality Improvement | Westminster Canterbury on Chesapeake Bay

Victoria Crenshaw

Chief Operating Officer | Cannability Consulting

Senior Vice President of Health and Innovation | Westminster Canterbury on Chesapeake Bay

Continuing Education

This webinar series has been approved for Continuing Education for 4 total participant hours by NAB/NCERS—Approval #20250730-4-A104473-DL. Attendance will be monitored throughout each webinar. Partial credit will not be awarded for individual webinars. The webinars will be recorded, but NAB credit is only provided to registered participating attendees of the live sessions.

Register online at www.vhca.org/calendar.

Session Descriptions

July 31

Clearing the Haze: Cannabis Myths, Stigmas, Barriers, and Biases

1. Deconstruct common cannabis myths and stigmas associated with cannabis.
2. Explore societal, legal, and cultural barriers that impact cannabis safety, acceptance, and understanding.
3. Identify accurate information for informed decision-making regarding cannabis as a therapeutic intervention.
4. Analyze best practices for educating residents, healthcare providers, and the public about cannabis use, including evidence-based information and resources.

August 1

Cannabis Legislation and Policy

1. Understand the current legal framework surrounding cannabis at the national and state levels.
2. Analyze the historical context and evolution of cannabis legislation and policy.
3. Discuss the future trends and potential changes in cannabis legislation and policy.
4. Evaluate the practicality of implementing cannabis-related policies and procedures in compliance with industry standards and best practices.

August 6

Heal, Rest, and Protect: The Human Endocannabinoid System and Cannabis Pharmacology

1. Understand the components of the human endocannabinoid system and its functional role in maintaining homeostasis.
2. Identify strategies to support and maintain a healthy endocannabinoid system.
3. Understand the pharmacology of cannabis, including its main active compounds and their effects on the human body.
4. Discuss the role of phytocannabinoids in various medical conditions and promoting health and wellness.
5. Evaluate the current research and future directions in endocannabinoid system modulation for health and healing.
6. Contrast the impact of dosage, chemotype, route of administration, pharmacokinetics, and pharmacodynamics on effects and adverse effects associated with cannabis use.
7. Discuss the safety considerations of cannabis use, including potential risks and mitigation strategies.

August 7

Getting Your Community Ready for Cannabis: A Practical Guide

1. Understand the legal and regulatory considerations for integrating cannabis into long-term care.
2. Evaluate the practicality of implementing cannabis-related policies and procedures in compliance with industry standards and best practices.
3. Identify the potential benefits and risks of cannabis use for residents in long-term care settings.
4. Appraise strategies related to order management and the storage, administration, and monitoring of cannabis.
5. Explore methods for fostering cannabis literacy for residents, families, staff, and providers.